

GLAD TIDINGS

HOLY FAMILY CATHEDRAL NEWSLETTER

Volume VI, Number 4

April 2018



**HE IS RISEN!
THE LORD IS
RISEN, INDEED.
ALLELUIA!**

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Alleluia! Alleluia! Alleluia!

**The strife is o'er, the battle done;
Now is the Victor's triumph won;
O let the song of praise be sung.**

Alleluia!

STAFFED BY FRIARS OF THE WESTERN DOMINICAN PROVINCE

DEUS PROVIDEBIT – GOD WILL PROVIDE

The Most Reverend Paul Dennis Etienne, Archbishop
Father Steven Maekawa, OP, Pastor

Letter from the Pastor / Carta del Parroco



Dear Parishioners,

The Lord is Risen! Easter is the time is the time of year when we celebrate new life. The operative word here is "New." The death and resurrection of Jesus opens for us the gates of heaven. Eternal life! How much more "new" can one get? We

are going to a place that was meant for us from the beginning but, because of the sin of Adam and Eve, we have never seen it. In a unique sense, Easter is a kind of homecoming.

When I visit my parents, I like to do things with my father and mother that are a part of their ordinary routine: doing yard work, shopping, going on errands and visiting the grandkids (my nieces and nephews). As the spring season begins in Alaska, we are heavily inclined to get out and do things. The enjoyment of life is an Easter theme. Celebrate Easter by enjoying life and enjoying it with God. The best moments in life are usually "the best" because of the people we are with. Easter is the celebration of our being with God forever. Celebrate this gift in the weeks to come by enjoying life and remembering in the moment to share the moment with God, God who is the author and redeemer of life.

PAX, Fr. Steve Maekawa, OP – Pastor

Queridos feligreses,

¡El Señor ha resucitado! La Pascua es la época del año en que celebramos vida nueva. La palabra clave es "Nuevo". La muerte y resurrección de Jesús nos abre las puertas del cielo. ¡Vida eterna! ¿Cuánto más "nuevo" puede ser uno? Iremos a un lugar que estaba destinado para nosotros desde el principio, pero por el pecado de Adán y Eva, nunca lo hemos visto. En un sentido único, la Pascua es una especie de regreso a casa.

Cuando visito a mis padres, me gusta hacer cosas con mi padre y mi madre que son parte de su rutina normal: jardinería, ir de compras, hacer los pendiente y visitar a sus nietos (mis sobrinas y sobrinos). A medida que comienza la temporada de primavera en Alaska, estamos muy dispuestos a salir y hacer cosas. El gozar de la vida es un tema de Pascua. Celebra la Pascua disfrutando de la vida y gozandola con Dios. Los mejores momentos en la vida suelen ser "los mejores" gracias a la gente con las que estamos. Pascua es la celebración de nuestro ser con Dios para siempre. Celebren este regalo en las próximas semanas disfrutando de la vida y recordando en el momento de compartir el momento con Dios, Dios quien es el autor y redentor de la vida.

PAZ, Fr. Steve Maekawa, OP - Pastor

Sunday Masses: Saturday Vigil: 530P. Sunday: 730A, 930A, 12Noon, 2P Español, 4P Dominican Rite (Latin), 6P.

Daily Masses: Mon - Fri: 700A, 1210P; Sat: 900A.

Rosary: Mon- Fri: 640A, 1140A; Saturday: 840A.

Office of Readings/Lauds (Monday- Friday): 730A.

Adoration: Fridays, 730A – Noon.

Confession: Mon - Fri: 1130A – Noon. Sat: 830A – 9A; 4P – 5P.

Church Open Hours:

Monday – Thursday: 6A – 815A and 11A – 115P

Friday: 6A – 115P

Saturday: 8A – 10A and 4P – 7P

Sunday: 7A – 730P

SACRAMENTAL INFORMATION:

***Baptism of infants:** Baptism classes and baptisms are scheduled *after* meeting with a priest. Call 276-3455. Parents or guardians and sponsors are required to attend a baptism class prior to the baptism. Baptisms are on the third Saturdays at 11A.

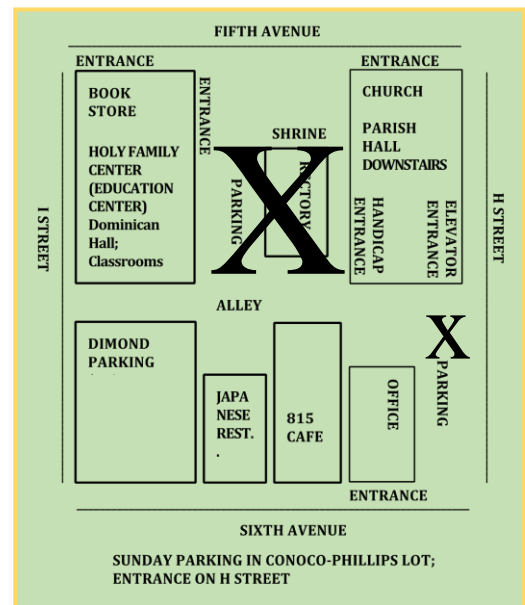
***Marriages:** Weddings are scheduled by meeting with a priest at least 6 months prior to the wedding date.

***Contact the Parish office** at 276-3455 for:

***Anointing of the sick, communion to the homebound, or pastoral visits to the homebound.**

***Funerals:** immediately after the death.

***Christian Initiation of Adults (RCIA).**



GLAD TIDINGS is published eleven times a year at Holy Family Cathedral, 811 W. 6th Ave., Anchorage, AK 99501. Monthly circulation: 1200 – members, guests, vestibule, office, St. Paul’s Corner, City Market. Editorial Board: Fr. Steven Maekawa, OP, Editor and Publisher; Letha Flint, Production Editor; Sharon Abrahamson, Proofreader; Blanca Cedillo, Translator; George Lochner, IT support. Advisory Board: Theresa Bird, Fran Lopinsky, Deacon Dave

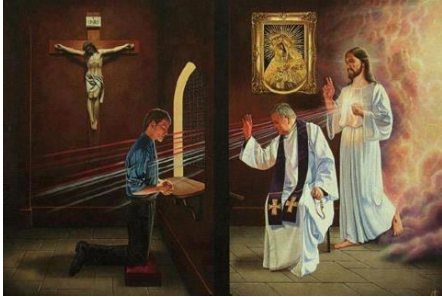
The Sacraments of Healing:

PENANCE

Theresa Bird

Through the sacraments of Christian

Initiation, man receives the new life of Christ. Now we carry this life “in earthen vessels,” and it remains “hidden with Christ in God.” We are still in our “earthly tent,” subject to suffering, illness, and death. This new life as a child of God can be weakened and even lost by sin (CCC, 1420).



The Lord Jesus Christ, physician of our souls and bodies, who forgave the sins of the paralytic and restored him to bodily health, has willed that his Church continue, in the power of the Holy Spirit, his work of healing and salvation, even among her own members. This is the purpose of the two sacraments of healing: the sacrament of Penance and the sacrament of Anointing of the Sick (CCC, 1421).

Christ instituted the sacrament of Penance for all sinful members of his Church: above all for those who, since Baptism, have fallen into grave sin, and have thus lost their baptismal grace and wounded ecclesial communion. It is to them that the sacrament of Penance offers a new possibility to convert and to recover the grace of justification. The Fathers of the Church present this sacrament as “the second plank [of salvation] after the shipwreck which is the loss of grace (CCC, 1446).”

Confession to a priest is an essential part of the sacrament of Penance: “All mortal sins of which penitents after a diligent self-examination are conscious must be recounted by them in confession, even if they are most secret and have been committed against the last two precepts of the Decalogue; for these sins sometimes wound the soul more grievously and are more dangerous than those which are committed openly (CCC, 1456).”

The spiritual effects of the sacrament of Penance are:

- reconciliation with God by which the penitent recovers grace;
- reconciliation with the Church;
- remission of the eternal punishment incurred by mortal sins;
- remission, at least in part, of temporal punishments resulting from sin;
- peace and serenity of conscience, and spiritual consolation;
- an increase of spiritual strength for the Christian battle (CCC, 1496).

Saints and Blesseds

ST. FAUSTINA KOWALSKA

Fran Lopinsky

**Mystic, Visionary,
Virgin
Apostle of Divine
Mercy**

Feast Day: October 5

Helena Kowalska was born on August 25, 1905, in the village of Glogowiec, Poland the third of ten children. At a very early age, Helena felt called to the religious life but she had to work as a housekeeper to help support herself and her family.



In 1924, at the age of 19, she had a vision of the suffering Jesus who told her to join a convent. She traveled to Warsaw and visited several convents but was turned away. Finally, after weeks of searching, the Congregation of the Sisters of Our Lady of Mercy accepted Helena on the condition that she could the customary dowry. For one year she worked as a housemaid and saved enough money. On April 30, 1926, Helena received her habit and was given the name Maria Faustina of the Blessed Sacrament.

“Jesus, I
trust in
you.”

In February 1931, Faustina had a vision of Jesus as the King of Divine Mercy. Jesus instructed her

to paint His image wearing a white garment with red and white rays radiating from His heart with the words “Jesus, I trust in You” displayed at the base.

In 1933, Faustina was transferred to a convent in Vilnius, Lithuania where she met Father Michael Sopocko, her confessor, and spoke to him about the vision. After determining that she was of sound mind, Father Sopocko began to believe Faustina and told her to keep a diary recording the messages from Jesus.

In 1934, Father introduced her to the artist Eugene Kazimierowski who began work on the painting. On April 28, 1935, the first Sunday after Easter Sunday, the image was displayed for the first time during the Mass that was attended by Sister Faustina.



HOME-GROWN VOCATIONS

Sr. Rose Walatka, Congregation of the Sisters of Merciful Jesus

How are vocations seeds planted? For Valerie Walatka it was at age nine at St. Theresa's Camp in Soldotna. She admired the seminarians working as counselors at the camp, seminarians Tero and Bugarin and Shields and Hebert. Several years later when she was working as a kitchen aide at the camp the cook asked her if she had ever considered a vocation. The seed grew at Pope John Paul II's visit to Anchorage in 1981 when he challenged youth to "follow Christ." Another encounter was with a former nun, her uncle's sister, during college in Portland to whom Valerie heard herself announce that she was considering becoming a nun.

Valerie went on a pilgrimage to Medjugorje in 1989 and had a conversion as she learned to pray the Chaplet of Mercy. "Even the most hardened sinner, if he prays this chaplet even one time, will receive graces from my mercy." This message had a deep impact on her. She read St. Faustina's diary 1992 and learned about a new congregation in Poland founded on St. Faustina's invitation by Christ to spread the word about the Divine Mercy. Before finding the Congregation she volunteered as a lay missionary in Vladivostok from 1994 to 1997 and spent a holy week and the Easter octave in Magadan where Fr. Shields was enthusiastic about the Divine Mercy devotion.

Sr. Rose was born Valerie Walatka in Anchorage and was baptized and received her first communion at Holy Family Cathedral. Later her family transferred to Our Lady of Guadalupe where she was confirmed. She relates that her family were faithful Catholics and led a traditional Catholic life. She is the fourth of five children of Fred and Karen Walatka.

Sister says she did not choose her Congregation, the Congregation of the Sisters of Merciful Jesus, but that Merciful Jesus chose her. She joined the Congregation in 1997 and spent her postulancy year in their house in Canada. The motherhouse is in Poland, and Sister spent two additional years of formation and her first year of religious life in the general house, also in Poland. This Congregation was founded in 1947 and has twenty houses in Poland as well as fifteen in other countries. Sister has been assigned to Lithuania (4 years), Baltimore (2 years), Canada (4 years) and South Africa (6 years).

As God promised St. Faustina, he has taken care of the needs of the Sisters so they can spread the message of God's infinite mercy to people they meet. The Sisters also work in lay and church jobs to support their community. Sister Rose is, by education, an English teacher and has taught English and been a parish secretary. In addition, the Sisters travel where invited to conduct missions, workshops and retreats. They teach RCIA, serve in soup kitchens and prisons. They minister to children and youth and host prayer groups.

"Spend time before the blessed Sacrament and listen to what Jesus is saying to you."

Sr. Rose has become especially interested in care for the elderly and terminally ill and received a year's training in that field in South Africa. Having recently returned to Anchorage from South Africa, Sister is currently caring for her aging father who lives in the Pioneer Home. In September, she is scheduled to begin a new ministry for the Congregation in Pittsburgh.

Before joining the order, Sister worked for Right to Life in Anchorage and is committed to protecting the unborn. She is passionate about helping people understand God's boundless mercy; that he is waiting with open arms to forgive all of our sins. Sister's advice to young people wondering about a vocation: "Spend time before the blessed Sacrament and listen to what Jesus is saying to you."



Photo: Sr. Rose with Sr. Mary John Oworu, Congregation of Sisters of the Eucharistic Heart of Jesus, in Anchorage

RECTORY PROJECT NEWS

The time draws near to the start date of the Rectory Project! At the present time, the project is scheduled to begin on Monday, April 16. During that week a fence enclosing the work site will be set up and prep work for the demolition of the old rectory will begin. On Sunday, April 15, the Rectory will be open after the Masses for those who wish to see the building that has served the community so well since 1955.

The priests will complete their move out of the rectory on Friday, April 13. We will be living in an apartment half a mile away from the Cathedral. If all goes well, the new Rectory will be completed in time for Christmas.

A few items to mention about the project. In the summer there will be the opportunity for parishioners to donate to the project. While the building is paid for there are still furnishings and special areas of the project that can be supported. Two particular areas are the chapel and courtyard. More information to follow!

Although, the parish will be adjusting to the changes the project will bring, there will be no alteration to our liturgical schedule. This is an exciting time for Holy Family Cathedral as we receive this gift of a new rectory. I ask for your patience and prayers in this month as the project gets underway.

Fr. Steve Maekawa, OP – pastor

PARKING FOR WEEKEND MASSES

During the 9 month construction of the new rectory, the small ministry center parking lot and part of the larger office parking lot will be closed. Starting Monday, April 16, fences will go up enclosing the rectory and the areas needed for the construction. Listed below and on page 6 are parking options for Vigil and Sunday Masses and for weekday and evening activities.



FOR SATURDAY VIGIL AND SUNDAY MASSES

FREE. CONOCO PHILLIPS LOT.

The lot is located at the SW corner of 6th and H Streets south of the church office. Conoco Phillips generously opens the gates to the lot between 3P and 6P for Saturday Vigil Mass and between 6A and 6P for Sunday Masses. Although the gate might be down when you are ready to leave, it will open for you!

MORE FREE PARKING FOR MASSES AND FOR WEEKEND AND EVENING ACTIVITIES

FREE. Street parking at meters.

Meters are free on weekends, holidays, and between 6P and 9A on weekdays. (2 hour limit)

FREE. South of the Courthouse on 4th Avenue between H and I Streets.

Don't be put off by signs that say your car will be towed! That's only between 7A and 6P, M – F. Evenings and weekends there are about 8 spaces available. It's only one block from the Cathedral.

WEEKDAY PARKING, see top of page 6

WEEKDAY PARKING



WEEKDAYS: Meetings and noon Masses. – BEST DEAL! CITY GARAGE, SE Corner, 6th and H.



INSTRUCTIONS FOR THOSE UNFAMILIAR WITH PARKING GARAGES:

1. Pull into the garage entrance on H between 6th and 7th under the “P” sign.
2. Price is \$1.25/hour. Push a button and take a ticket from the machine.
3. After you park, elevators will get you down to street level. You will soon learn where to park so you will be closest to the Cathedral.
4. When you leave, you can pay by cash or credit card. (Keep a roll of quarters and a few \$1s in your car!) There is a number posted to call if you need help with the system!



YOU’LL SOON BE AN OLD HAND AT IT!

Other Options

7AM Mass:

Metered parking is free until 9A.

Cash or credit card:

Dimond lot south of Ed Center: \$5 for 0-2 hours.

City lot north of bookstore: \$1.25/hr. weekends and evenings (after 530P) only.

CC Only: Dimond lot east of office: \$4/hour; \$6 for 0-2 hours.

How A Planned Gift Can Help HOLY FAMILY CATHEDRAL AND/OR THE WESTERN DOMINICANS—AND YOU

You can use any number of tax-advantaged financial tools to support HOLY FAMILY CATHEDRAL and/or the WESTERN DOMINICAN PROVINCE.

For instance, you can:

- make a tax-free gift from your IRA.
- donate appreciated securities to which could cost you less than the tax deduction you would receive.
- make HOLY FAMILY CATHEDRAL and/or the WESTERN DOMINICAN PROVINCE a beneficiary of your will, revocable trust, or retirement plan—costing you nothing during your lifetime.
- donate assets that you no longer need or want, such as an art collection, a second home, land, or a life insurance policy.
- realize tax advantages by selling to HOLY FAMILY CATHEDRAL and/or the WESTERN DOMINICAN PROVINCE property at a charitable discount or deeding your home while you continue to live there.

For more information about these and other planned-giving vehicles, please contact your tax advisor or attorney.

St. Faustina, continued from page 3

In 1935, Faustina wrote about her vision regarding the Chaplet of Divine Mercy which Jesus had dictated to her as a way to obtain God’s mercy.

In 1936, Father Sopocho wrote the first Divine Mercy brochure. In 1937 the first holy cards were printed.

On October 5, 1938, Faustina died of tuberculosis in Krakow at age 33. She is buried at the Basilica of Divine Mercy in Krakow, Poland.

In 1959, the Church forbade promotion of devotion to Divine Mercy due to a faulty translation of Faustina’s diary. On April 15, 1978, the Congregation for the Doctrine of Faith rescinded the ban.

In the 1960s, Archbishop Karol Wojtyla began investigating the life and heroic virtues of Sister Faustina. On April 30, 2000, Pope St. John Paul II canonized Sister Faustina (the first saint of the new millennium) and declared Divine Mercy Sunday a feast for the entire Church.

*Reprinted from April 2015 Glad Tidings;
Minor edits by Sr. Rose*



The DOMINICAN Page

THE RECTORY PROJECT



**A fond farewell!
Thanks for the memories!
Here today! Gone tomorrow!**



Site plan (Courtyard in planning stage)

PROJECT CALENDAR

April 13	Friars Move Out
April 15	Rectory Open House after the Masses
April 16	Project Begins
May 4	Building Demolition
June 19	Pour Concrete
Aug 15	Roofing
Oct 30	Interior Finish Work
Dec 20	Move In

Holy Family Cathedral
811 West 6th Avenue
Anchorage, Alaska 99501

*INSIDE: Home-Grown Vocations: Sr.
Rose Walatka; Rectory Project Update*

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Sunday: 830A - 530P
Mon. and Thurs: Closed
Tues., Wed., Fri.: 11A - 2P
Saturday: 10A - 2P

Save the Date! April 2018

EASTER ALL MONTH!

- Sun., Apr. 1 **THE RESURRECTION OF THE LORD.** Masses: 730A, 930A, Noon, 2P en Español, 4P Dominican Rite, 6P.
ST. PAUL'S CORNER CLOSED. Reopens Tuesday, 4/3.
- Sundays except 4/15 **COFFEE AND DONUTS** after 930A Mass.
- Mon., Apr. 2 **OFFICE CLOSED.**
- Tuesdays **RCIA.** Ed Center. 7P.
- Wednesdays **OLDER COMMUNION CLASS.** Ed Center. 530P.
- Thursdays **ADULT CONFIRMATION.** Ed Center. 7P.
- Fri., Apr. 6 – Sat., Apr. 7 **ALL NIGHT ADORATION.** 8P – 8A.
- Sun., Apr. 8 **DIVINE MERCY SUNDAY.**
- Sat., Apr. 14 **HEALING MASS.** 9A.
- Sun., Apr. 15 **PANCAKE BREAKFAST.** Knights of Columbus. After 930A and noon Masses.
FAMILY POTLUCK. After 4P Mass.
- Thurs., Apr. 19 **THEOLOGY AND LITERATURE.** Ed Center. 7P.
- Fri., Apr. 20 – Sat., Apr. 21 **ALL NIGHT ADORATION.** 8P – 8A.

DIVINE MERCY CHAPLET

(Prayed on the beads of the Rosary)
First pray the Our Father, Hail Mary and Apostles' Creed. Then,

On the Our Father beads:
Eternal Father, I offer you the Body and Blood, Soul and Divinity of your dearly beloved Son, our Lord Jesus Christ, in atonement for our sins and those of the whole world.

On the ten Hail Mary Beads:
For the sake of his sorrowful Passion, have mercy on us and on the whole world.

Conclusion:
Holy God, Holy Mighty One, Holy Immortal One, have mercy on us and on the whole world.

[The Chaplet of Divine Mercy is recorded on the Frozen Friars and Friends CD by our Cathedral Dominicans and is for sale at St. Paul's Corner.]